

Living at La Trobe

student life on campus



**WELCOME
TO 2018**



COMING UP...

WEDNESDAY NIGHT LIVE

MAR
21ST

DRAG BINGO

APR
4TH

STORY SLAM

MAY
16TH

CIRCUS WORKSHOP

AUG
15TH

F*CK UP NIGHT
STORIES OF FAILURE AND RESILIENCE

SEP
5TH

BOLLYWOOD
DANCE CLASS AND PERFORMANCE

OCT
10TH

LIVE COMEDY

Wednesday Night Live events will have a special focus in 2018, with an aim to develop and create community connectedness and inclusivity while promoting alcohol free events.

They will be specifically focussed on sharing stories, learning about how healthy and normal failure is and having fun together in a circus workshop, drag bingo night, Bollywood dance class and performance, and live comedy!



Adam Campbell

Welcome to 2018!

With new and returning residents already flooding the colleges, my team are anticipating another fantastic year of memorable experiences for students living on-campus at our seven sites across Victoria.

The thrill of new beginnings and excitement of the unknown are obvious as

Accommodation Services shifts into gear and our residents embark on another exciting chapter. Over the Christmas break, my team were tireless with their planning and ambition to position us for our best year yet. Whether our residents arrive hoping for life-long friendships, academic support, memorable events or the opportunity to become part of a welcoming community, we have measures in place to cater for all of our residents.

Our orientation period concluded a few weeks ago, appropriately named ResFest 2018, and could only be described as EPIC – 3 weeks of innovative events, experiences and creative activities, all designed to facilitate the perfect start to one of the most unique ways of experiencing university.

We held ‘community living’ sessions, stand-up paddle boarding, eSports gaming sessions, and stencil graffiti workshops – just to name a few – and my team were thrilled to see large numbers continually in attendance. A huge thank you to our valued cohort of Student Leaders who completed their comprehensive training and assisted new residents with their transition to on-campus living.

We have so much to look forward to this year, with our programs – such as Outbound, IGNITE and MyResRules – continuing to flourish and our community and academic initiatives gaining traction, we are poised for a prosperous year.

I warmly welcome everyone who has recently arrived, and challenge you to make this the best year it can be. Take advantage of all that is offered, and let’s continue to create a community to be proud of.

Best wishes, here’s to an amazing year.

Adam Campbell
Senior Manager, Accommodation Services

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WELCOME... FROM THE RES ED TEAM!

What a busy opening to 2018 it has been in Res Ed!

From the first welcome night, onto street art workshops, brunches and lunches and through to the floor meetings and introductions (with numerous events in between), it's been terrific to experience the accommodation precinct thriving with activities.

As you settled into living on-campus, we would like to take a moment to acknowledge and thank our Student Leaders who have been amazing in supporting your transition into residence – particularly outstanding to have our leaders so engaged in the move-in experience and these last few weeks assisting at events.

Heading into the semester, you'll find your leaders can help you with details about upcoming events (special note to check out the Annual Balls on the horizon), give you a helping hand and advise on broader support that's available while you are living with us.

Also, a mention that the Accommodation Services team and myself are all here to support you during your time in residence this year. If you have an idea for an event, value some help with your studies or perhaps you need a bit of personal support – feel free to drop in anytime to the office for a chat, we have an open door policy.

And on a closing note, remember to follow the latest news through our **Living at La Trobe Blog**.

Cas Ballagh, Manager, Residential Education,
Accommodation Services



Cas Ballagh
Manager,
Residential
Education



Dan Potenza
Marketing and
Communications
Coordinator



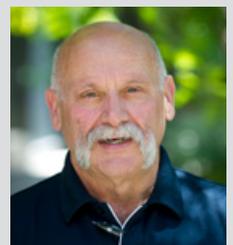
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Student Services

**FEEL FREE TO
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TO THE OFFICE
FOR A CHAT, WE
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DOOR POLICY.**

STUDENT LEADERSHIP AT LA TROBE



Melbourne Student Leaders



Bendigo Student Leaders

LEADERSHIP PROGRAM

A SUCCESSFUL SELECTION PROCESS

Built into the structure of Residential Education and operating at the heart of the 'residential experience' is a committed and passionate team of 'Student Leaders'.

The Student Leaders are current residents, selected through a competitive process (based on academic achievement and leadership qualities), to support and advance their fellow students academic, health and social experiences.

In 2018, there are 122 Student Leaders assigned across Bundoora, Bendigo and Albury-Wodonga Campuses. Student Leaders are responsible for contributing to the effective pastoral operation of the residential colleges. Leadership is highly sought after – in 2018 we had a record 326 residents apply for the 122 positions.

ALLOWING OUR RESIDENTS TO SHINE

2017 marked an extremely successful Student Leadership selection process. Utilising a creative campaign that highlighted the importance of Leaders in the residential colleges, we achieved a record number of applications, resulting in a motivated and passionate cohort of keen residents.

AN OVERWHELMING SUCCESS

168

ATTENDED
information sessions

314

APPLICATIONS
received

73%

INCREASE
in applications from 2016



LEADERSHIP PROGRAM

OUR TAILORED LEADERSHIP PROGRAM

Our Student Leadership Program is designed to facilitate the growth and prosper of La Trobe residents.

Our selection process promoted the characteristics of a Student Leader and allowed for a collaboration between staff and students. We communicated what we were looking for and our residents responded overwhelmingly, emphasising their earnest desires to build a strong community across all our campuses at La Trobe.

“I really enjoyed both presenters (AlcoCups) and found academic portfolio training so much fun and so useful. I like Kath’s idea about writing down our values and I hope that we work in alignment with them moving forward.”

LEADERSHIP, INSPIRATION AND TRAINING

Student Leadership Training Outline

- Blended Mental Health First Aid for Tertiary Students (MHFA)
- Bystander Intervention
- Communication and Leadership
- Healthy Relationships (Relationships Australia)
- Alcohol and Drug Education (ADES)
- First Aid
- Responsible Serving of Alcohol
- Ally Training
- CASA Training
- Responding to Disclosures of Sexual Violence (RDSV)
- Consent Matters
- Community Standards
- Health and Wellbeing
- Hugh – Resilience Project
- Portfolio Training: portfolio specific training to assist with the planning and facilitation of their respective portfolio events/programs
- Guest speakers included NCASA, Relationship Australia, Hugh from the Resilience Project and Dara Simkin.

Cas Ballagh, Manager, Residential Education, Accommodation Services.



Bendigo Leaders during the Amazing Race

BUILDING A CULTURE OF RESPECT

At La Trobe, we want to support our residents in creating and maintaining a culture of respect and inclusivity that embraces people from all backgrounds. No matter where you are from, your sexuality, gender, culture or race, everyone craves to belong, to be accepted and to be appreciated for who they are.

SIMPLY NOT LAUGHING OR EVEN SAYING IN THE MOMENT “THAT’S NOT FUNNY” MAY ALLOW SOMEONE TO REFLECT ON THE IMPACT OF THEIR ACTIONS.

We are all here to learn and enjoy the year ahead. Every single person without exception deserves to be treated with respect, dignity and care and it is up to each and every one of us to do what we can to create an environment where this happens.

Be welcoming, kind and approachable. There are a lot of students who may not feel like they are part of a friendship group yet. Invite people to join you, chat to the person on your floor who is a bit quiet and keeps to themselves. A small gesture like including others or inviting people to join you can make all the difference.

If you see someone making unkind remarks about or to someone, speak up for them if you can until they find their own voice or support them in a different way; however you can. Have a quiet word with the person who made the remark, they may not even be aware of what they have said. Simply not laughing or even saying in the moment “that’s not funny” may allow someone to reflect on the impact of their actions. Seemingly small things like this can have a profound impact, especially if a lot of people are doing it. In creating a positive and inclusive culture for everyone, people will generally be happier, there will be less drama and conflict and more time to have fun together!

This is important to think about at the start of the year as the foundations for the culture of your college are being built right now. What sort of community do you want to live in?

Mandy Kitchener, Health and Wellbeing Coordinator, Accommodation Services.

LEADERSHIP PROGRAM



PROVIDING FEATURES WITH BENEFITS

All Student Leaders completed introductory training offered as part of the Student Leadership journey that started in November 2017 with RSA, Food Handling and First Aid qualifications.

After a well-deserved break, our amazing group of Student Leaders returned and completed their comprehensive training program, designed to provide tools and resources that result in real benefits throughout the residential year.

The extensive program was designed specifically for the residential population at La Trobe with its sights set to a greater standard of community living on-campus. Programs such as Bystander Intervention and ALLY training, provide substantial foundations for our Leaders and allow for a great experience during the year. Not only does this refer to how Leaders can assist other residents, but also in how they can assist themselves when tackling issues that are new to them.

The other variety of sessions relating to wellbeing, mental health and resilience all provide a range of tangible skills that can be utilised in multiple aspects of life and assist in developing empathy – an invaluable trait in the residential community.

READY FOR 2018

While a lot of the training was intensive, our Student Leader team engaged with the training and are equipped with the knowledge and skills to greatly support a safe and positive experience for everyone living at La Trobe.

Our Bendigo Leaders even managed to head away for 2 days to Cohuna for bonding, canoeing and even more training, and our Leaders in Melbourne embarked on Puffing Billy for a relaxing day prior to training week.

OUR AMAZING RACE

With so much to learn in a jam-packed week of training, there was no better way to unwind than an Amazing Race adventure!

Our Leaders split into teams as they ventured through the heart of Bendigo CBD with an extensive list of riddles, colourful games and fun tasks to complete. Our Leaders thoroughly enjoyed themselves – even if it was a particularly hot – and enjoyed the opportunity to bond with other Leaders.

“Amazing race organisers were a quality company who were worth using our time for a release.”

Lauren Proudfoot, Residential Education Coordinator, Accommodation Services.

WHAT OUR LEADERS HAD TO SAY



Sally Hunter, Menzies College

STUDENT LEADER TRAINING

BY SALLY HUNTER

One whole month ago the student leaders returned to campus to begin our week of training to prepare us for the year ahead.

The week consisted of a MAMMOTH variety of sessions including community standards, resilience, consent, portfolio training, getting to know the Accommodation Services staff, a presentation from Relationships Australia and heaps more.

Every Student Leader got a lot out of the week. A lot of the sessions gave us an opportunity to reflect and learn about ourselves from a different aspect and gave us lots of information and helpful tips to pass on to other residents this year. Along with these hard-hitting sessions the Leaders and accommodation staff were able to relax at Welcome to Thornbury on Monday night. It was great to be able to see the Accommodation Services staff in a less serious light and have a chat with them.

Another highlight of the week was our session with Hugh from the Resilience Project. Hugh spoke about gratitude, empathy and mindfulness being key to being happy and resilient. He told us some really interesting first-hand stories that put a lot of things into perspective.

One of the things I took away from the session was that everyone's problems are relative; although your difficult situation may seem tiny in comparison to for example, poverty around the world, it is still important for you to think about them and bounce back from.

The week gave all the leaders an opportunity to learn and to prepare us for the year ahead!

“Although your difficult situation may seem tiny in comparison to for example, poverty around the world, it is still important for you to think about them and bounce back from.”

AMAZING RACE

A SUCCESSFUL TRAINING PROGRAM

HIGHLIGHTS OF THE AMAZING RACE



“Amazing race organisers were a quality company who were worth using our time for a release.”



“Amazing race was a great bonding experience.”



RESFEST 2018



RESFEST BY THE NUMBERS

90

RESFEST
EVENTS

1681

ATTENDEES

26

EVENTS
requiring
registration

OUR EXCLUSIVE ORIENTATION PROGRAM



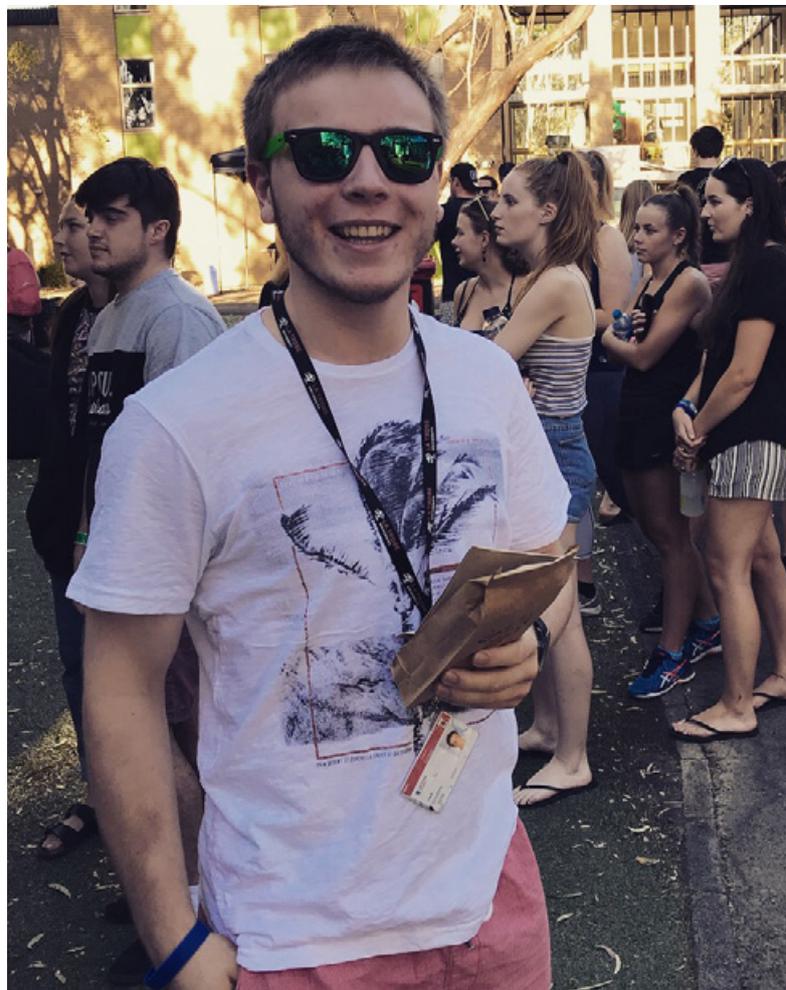
Snakes on campus



ResFest 2018 was a huge success, setting residents up for an amazing year on-campus!



Student Leaders



PRE-ARRIVAL



SETTING STRONG FOUNDATIONS

As most second year residents would agree, moving on-campus is a big move.

Accommodation Services is committed to ensuring that we support the transitional experience of all our first year and returning residents as they move onto campus.

Our induction modules have been specifically tailored for our residential community with coverage of essential topics centred around the themes of **Wellbeing**, **Events**, **Leadership**, **Community**, **Overnight**, **Mind** and **Engagement** – **WELCOME** to La Trobe. Complementary to the induction module, all our residents also complete a compulsory 'Consent Matters' online course.

Cas Ballagh, Manager, Residential Education, Accommodation Services.

The ethos behind our Induction Module has two main messages to communicate:

FIRST

Establish a common set of expectations for campus living, and in doing so, building and creating an inclusive, 'safe' and respectful community PRIOR to residents setting foot on-campus.

SECOND

Providing a plethora of necessary resources and support information to act as a catalyst for transitioning into life in residence – equipping our residents for not only their move onto campus, but their academic journey as a student at La Trobe.

A SOCIAL EXTRAVAGANZA



Community Brunch

Our ResFest orientation program was jam-packed with exciting events, experiences and activities designed to provide the best possible start to our resident's year.

By showcasing the extensive variety of opportunities available to new La Trobe residents, we can attempt to alleviate some of the stresses that can come with moving to a new home.

ResFest 2018 was full of amazing social events across all the La Trobe Campuses. Here are just some of the memorable events to highlight:

- Summer Night Market – Over 270 residents attended this fantastic Melbourne event. With a great spread of culinary street food, roving entertainment and market stalls
- Bendigo Bus Tours, Bendigo Waterpark trip and Bendigo Cinemas
- Eagle Bar Nights – Welcome to the Jungle and Life's a Beach
- Welcome dinners, Games Night and Ten Pin Bowling
- Street Food Truck Festival – bringing some of the best Food Trucks on-campus proved to be a HIT with the residents. There was absolutely no food left at the end of this great event!



Summer Night Market



Street Art Workshop

CHECK OUT THE RESFEST 2018 VIDEO

From our Bendigo Campus to see some of the exciting events offered during orientation.

From African Drum lessons to pool parties, to an amazing food truck festival and a great trip to the Melbourne Zoo – there was certainly a lot on offer for La Trobe resis!



PROMOTING STRONG COMMUNITIES

ResFest 2018 was an absolutely jam-packed 14 days and gave both new and returning residents the opportunity to develop and enhance community connectedness across their residences, and a supported step towards living away from home for the first time.

So many of the activities provided were designed to create a strong community from the outset. By promoting events that foster collective learning, the ability to make friendships is heightened as memories are made together with other residents.



Food truck festival

STUDENT LEADERSHIP IN ALBURY-WODONGA



BUILDING HEALTHY FRIENDSHIPS

We understand that when embarking on a new and exciting adventure, a few good friends can go a long way to creating a positive experience.

At our Albury-Wodonga Campus, both the McFarlane's Hill Residence and East End Residence welcomed new and returning residents from La Trobe University and Wodonga TAFE.

This semester saw the common areas receive a boost in fun activities with a new pool table, ping-pong table and Cable TV, all allowing our residents to get to know each other and enjoy themselves as they settle in to their new home.

Adding to the new resources was a bigger and greater ResFest period, and with a smaller cohort of residents, has really allowed for strong bonds to be made and healthy relationships to be formed.

Melissa McFarlane, Coordinator Accommodation and International Student Services.

HERE ARE SOME OF THE GREAT EVENTS THEY ENJOYED.

- Aussie BBQs, Pizza Dinner, and KFC Treat Night
- AlcoCups Training with Italian Cuisine for Dinner
- Games Night with Roast Roll Dinner
- Mexican Cooking with RA Sarah at McFarlane's Hill Residence
- Pizza Night at East End and McFarlane's Hill
- Supatramp Activity – Trampolining
- Ten Pin Bowling – Wodonga
- Shuttlecock Tennis Game – McFarlane's Hill

“A smaller cohort of residents, has really allowed for strong bonds.”

OUTBOUND: WHAT'S TO COME

COMMONWEALTH GAMES 2018

Our Marquee event for 2018 is a 4-day, all-inclusive trip to one of the BIGGEST sporting events in the world... The Commonwealth Games.

Our lucky residents will be enjoying Netball and Hockey Preliminary Finals as well as a visit to Australia's famous theme parks at the Gold Coast.

OUTBOUND 2018

The biggest and best events for La Trobe residents

These are the events for 2018:

- Moomba Festival 10 March
- Swimming with Dolphins 18 March
- Dragon Boat Regatta Challenge 8 April
- Commonwealth Games and Fun Theme Parks 10–13 April
- Phillip Island and Wildlife Park 13 May
- Ice Skating and Melbourne Star 22 June
- Enchanted Adventure Gardens 28 July
- Lake Mountain 17 August
- Overnight Ski Trip 21–22 September
- Tough Mudder Challenge 20 October



Visit our blog to register latrobe.edu.au/livingatlatrobe



CONTINUING TO FLOURISH

2017 was the 3rd year of Outbound and proved to be the biggest and most successful yet.

With more events spanning over more of Australia, we were able to create more incredible memories for La Trobe residents.

In 2018, we plan on keeping up the momentum... and we have the perfect events to do so!

WANT TO FIND OUT MORE ABOUT OUTBOUND?

Contact **Sam Fualau**, Social Engagement Coordinator, Accommodation Services

[E s.fualau@latrobe.edu.au](mailto:s.fualau@latrobe.edu.au)

CHECK OUT OUR FIRST OUTBOUND EVENT OF 2018.



Moomba 2018

OUTBOUND 2018



INTER-UNI COMPETITION

ASPIRING FOR GREATNESS THROUGH HEALTHY RIVALRIES

2018 will see the introduction of the first inter-uni Outbound Challenge!

Sam Fualau, our Social Engagement Coordinator, hatched this brilliant idea in late 2017. We hope this will continue to expand the offerings available to residents at La Trobe.

DRAGON BOAT REGATTA

For its first year, we will be battling it out with Deakin University's residential students and staff, as well as our Bendigo Campus residents.

The races will be 200 metres long, with multiple boats from each competing uni. Each team will be doing their best to come out on top – and we can't wait to instil a sense of healthy competition with a positive effect on all our communities and each participant's wellbeing.

MORE INFO ON OUTBOUND IN BENDIGO?

Contact **Georgia Irvine**, Residential Education Coordinator
E G.irvine@latrobe.edu.au

OUTBOUND IN BENDIGO

Outbound is looking to have a big boost this year.

APRIL

An Inter-uni Dragon Boat Regatta in Melbourne.

MAY

Ice-skating

AUGUST

An Overnight Ski Trip



Tower Parades



Tower Parades



A SOCIAL COMMUNITY

Throughout the residential year, new social events are constantly being planned and promoted to ensure there are always good times to be had and great memories to look back on.

In Semester 1, we have 2 events planned for each college as well as the annual and hotly anticipated College Balls. These events are an absolute favourite amongst the residents and always has a great turn out.

FACILITATING HIGH QUALITY EVENTS

By leveraging on the experience and expertise of Accommodation Services staff and our Social Engagement Coordinator, residents are given a unique opportunity to create something truly memorable.

Our 'Social' Student Leaders are provided with the resources and guidance to plan and execute their own events, with their own ideas. Check out some of the photos from our first Chisholm College Event - Tower Parades.

MORE GREAT EVENTS

OUR REGIONAL CAMPUSES

The fun doesn't stop after the whirlwind of excitement created through an amazing orientation period. There is so much to look forward in the semester 1 alone and we can't wait to treat our residents to a variety of great events including Resi Dinners, Laser Tag, a Spud Dinner at the Hangar, a Movie Night and Paintball experience. These events act as a great break from the pressures of uni and work!

LASER TAG

SPUD DINNER

RESI DINNERS

MOVIE NIGHT

PAINTBALL

FEATURE EVENT

COOKING WITH FRANCESCO

Learning about authentic Italian recipes, as well as learning helpful tips, taste testing and of course... having fun!

This event begun on March 19 and will continue on a monthly basis.

About Francesco: Francesco has commenced this semester as a PHD research Student, coming from the beautiful region of Bagnoregio in Italy! We are thrilled to have his knowledge to draw from and can't wait to share his culinary skills with our residents.



Hangin' at the Hangar

STRIVING FOR SUCCESS



MENTORING

Our Academic Mentoring program is bigger and better than ever in 2018! The additional content and newly structured approach, coupled with the highly skilled team of RA Academics, ensures our first year residents are supported through their transition into university, and throughout the year to enhance their study skills and enrich their student experience to be the best students they can be!

TEXTBOOK BORROWING

Accommodation Services currently stocks over 500 textbooks, most of which are on required reading lists of LTU degree courses. We are having books fly off the shelves!

#MYRESRULES

MyResRules not only showcases resident's culinary skills but also a chance for resis to connect over a shared meal. This event is a favourite amongst the residents and represents a great opportunity for individuals and teams to showcase their talents, learn new skills as well as further developing a strong community to be proud of.



PEARLS OF WISDOM WITH BEN OXFORD

We were thrilled to have Ben Oxford join us for our first Pearls of Wisdom for 2018.

Ben is the Program Director of Customer Service at La Trobe University and commenced in 2017 to 'Champion' the new Customer Service Framework & Customer Service Charter.

It was an honour to have Ben speak to our residents, who were enthralled with engaging stories of his career path and the importance of communication in everything we do.

2018 SCHOLARSHIPS

ACCESS SCHOLARSHIPS

FIRST YEAR ACCESS SCHOLARSHIPS

- Jamie-Lee Martin
- Matthew Chard

RETURNING ACCESS SCHOLARSHIP

- Sanjay Sebastian
- Sarah Fitzsimmons

MERIT SCHOLARSHIPS

FIRST YEAR MERIT SCHOLARSHIPS

- Imogen Bessell
- Adam Jago

RETURNING MERIT SCHOLARSHIP

- Sarah Rogers
- Kiana Pearson

Previous Scholarship Recipients tell us about their experiences...

“The Accommodation Services Merit Scholarship, will assist my family and me greatly. It will help relieve some of the financial and emotional pressure because I am fully dependent on my parents. Since starting university, I have been focusing on working hard to achieve the best results and also gaining as much volunteer experience possible. My parents fully support me with my volunteer experiences and cover all expenses incurred to ensure that I stand myself in a good position for prospective employers in the future, when I graduate at the end of 2018.”

Scholarship Recipient

“Being lucky enough to receive the La Trobe University Accommodation Services Merit Scholarship is an amazing honour and a great support to my education. Living in Tasmania, I had to move to Melbourne to pursue my dream of becoming a Physiotherapist, as the course is not available in my home state. The substantial cost of relocating placed my family under considerable financial hardship. Receiving the La Trobe University Accommodation Services Merit Scholarship is, therefore, a major assistance and a life-changing experience. The scholarship allows me to have a greater focus on my education, which my family and I believe is paramount, and gives the flexibility to reduce the number of hours I need to work to cover the cost of living. The scholarship will help me establish myself in the Victorian community and allow me to play sport and keep myself happy and healthy.”

Scholarship Recipient

TO FIND OUT MORE ABOUT SCHOLARSHIPS

Contact **Cas Ballagh**, Manager, Residential Education, Accommodation Services

E c.ballagh@latrobe.edu.au

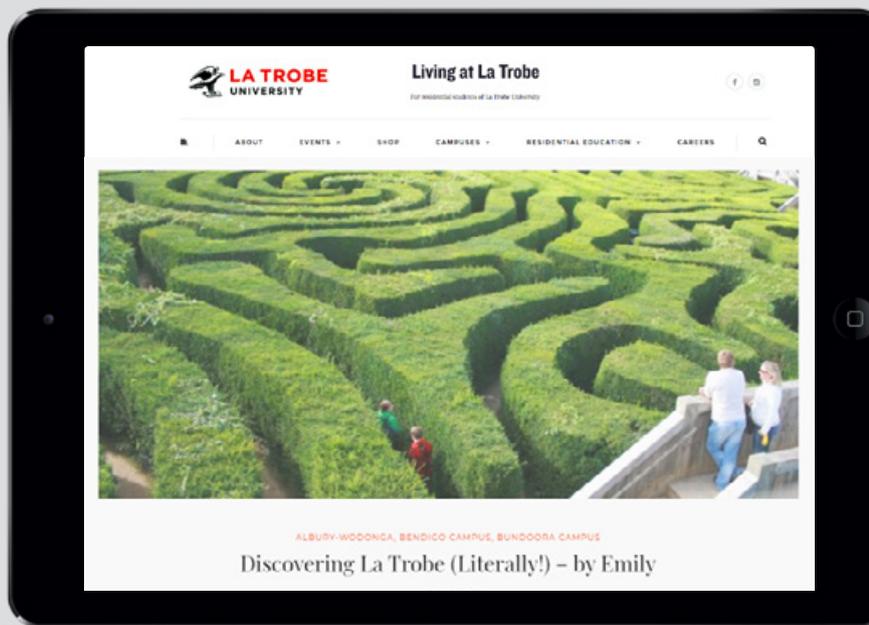
LIVING AT LA TROBE *Blog*

With so much to offer, an incredible amount of events, resources for all students and resident exclusives – our blog is where you will find all that important info.

So if you are looking for info on events, Student Leadership, career opportunities, FAQs, check-in/out info and much more – this is your place to go!

The **Living at La Trobe Blog** is also becoming a community-strengthening tool.

We have recently increased the amount of current residents writing for the blog, allowing for more stories to be told and more hidden gems to be shared and found by other residents.



WANT TO BE INVOLVED?

Contact **Dan Potenza**, Marketing and Communications Coordinator, to find out how you can add to our amazing community.

E.d.potenza@latrobe.edu.au

FOOD AND BEVERAGE UPDATE



As Autumn has truly settled, we move into an exciting time for all things food!

Our catering partner, Chartwell's are about to launch their seasonal menu for Glenn College residents.

We encourage feedback on your dining experience, be it positive, constructive or otherwise so please continue to engage with myself or the team about your experience.

Chartwell's have a number of exciting plans for the year ahead across multiple locations including the Glenn Bistro and The Eyrie.

Keep your eyes open for posters, email notifications and social media posts – Some events will be open to all residents!

RESI SPECIALS

The Parma & Pot night each Thursday in the Eagle Bar continues to be a success. Anyone who has not been down yet, we strongly encourage you to do so!

All residents receive a further discount when showing their resi card, which means you only pay \$10.00!

Adam Ciampa, Manager, Food and Beverage Operations.

GLOBAL PROGRAMS 2018



South Africa

We have a special relationship with CISAustralia and have had dozens of residents take part in this terrific initiative.

We even have scholarships available exclusive to students living at La Trobe.

Enquire today to see if this is the opportunity you've been waiting for.

TEACHING AND COMMUNITY DEVELOPMENT IN CAMBODIA

Experience big city and small village life while taking in the beautiful culture and history of Cambodia. Lend a hand to local Khmer families who are struggling to support themselves and educate their children by helping to teach English and other subjects in a local primary school, as well as help with water and clothing distribution.

Program dates: 25 November – 8 December 2018
Cost: A\$2,350

Learn more: cisaustralia.com.au/volunteer-abroad/cambodia/teaching-childcare-community-development-cambodia



RURAL COMMUNITY DEVELOPMENT IN NEPAL

Take advantage of this true immersion experience! Nepal has a large rural and agricultural society, with 85% of the population residing in small villages and working family farms. Volunteers live and work in a rural community and immerse in the local culture. Project activities may include farm work, teaching, creative activities with children and NGO assistance.

Program dates: 25 November – 8 December 2018
Cost: A\$2,199

Learn more: cisaustralia.com.au/volunteer-abroad/nepal/rural-nepal-community-development

GLOBAL PROGRAMS 2018



BIG FIVE WILDLIFE MANAGEMENT AND CONSERVATION IN SOUTH AFRICA

If you love nature, the environment and big friendly giants, then this ecotourism program is for you! The project's core focus is wildlife engagement, management, conservation and education. This incredibly rewarding project involves working at a game reserve where you'll have the opportunity to work with South Africa's Big 5: the rhino, lion, cape buffalo, leopard and African elephant.

Program dates: 26 November – 8 December 2018
Cost: A\$2,479

Learn more: cisaustralia.com.au/volunteer-abroad/south-africa/big-five-wildlife-conservation-south-africa



LEADERSHIP AND CULTURAL DEVELOPMENT IN THAILAND

Spend a fun and fulfilling few weeks in Chiang Mai and Bangkok building on your teamwork and leadership skills. The program is split between stimulating lectures, site visits and team building activities, with the last few days being spent putting these new skills into practice by volunteering at a local village. With these types of skills being so crucial for career-building, this program is great for anyone!

Program dates: 10 – 26 January 2019
Cost: A\$3,499

Learn more: cisaustralia.com.au/volunteer-abroad/thailand/leadership-cultural-development-thailand

IGNITE 2018



Yarra Valley Cultural Tour

IGNITE: OUR NEWEST PROGRAM IN 2017 IS SURE TO **WOW IN 2018.**

IGNITE provides residential students with opportunities to experience Melbourne's thriving music, arts and cultural scene – one of the best in the world!

It provides opportunities to support the social and emotional wellbeing of our students through new friendships and memorable experiences.

WANT TO FIND OUT MORE ABOUT IGNITE?

Contact **Kath Knott**, Academic Excellence Coordinator, Accommodation Services

E k.knott@latrobe.edu.au



Wizard of Oz

UPCOMING EVENTS

- Priscilla Queen of the Desert: The Musical
- Melbourne International Comedy Festival Roadshow
- Nocturnal: Melbourne Museum
- Grease: The Arena Experience
- The Wizard of Oz: The Musical
- Trip to Canberra
- Yarra Valley Cultural Tour

Taking on *new adventures*



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